



Eden's Cuisine

info@edenscuisine.com

Email Us: Monday-Friday Anytime
Avis N Smith, Sales 443-878-3282
Request a Proposal

Premium Cold Lunch



We will create pre-made sandwich trays or individual boxed lunches. Sides are presented in bowls or platters with trays. The Premium Lunch Package price includes: **Sandwich, Side, Salad & Cookie Tray**. Additional selections are available to add to your lunch menu. Beverages are extra. For a complete menu with prices please call or email. **Contract Customers: Tired of this menu? Ask us about other options!**

Due to market availability some substitutions & pricing changes may be necessary

Sandwich Selections

Curried Chicken Salad Croissant

(with or without walnuts)

A contemporary reinterpretation of the famed Waldorf salad! Chicken Breast, Mayo Curry, Green Apples

French Albacore Baguette with Tarragon Mayo-Dijonnaise

Albacore Tuna, Shallots, Plum Tomatoes, Garlic, Sliced Egg in a Tarragon May-Dijonnaise Sauce

Italian Turkey Club Tortilla Wrap

Roasted Turkey, Prosciutto, Provolone Cheese, Roasted Red Pepper, Baby Spinach, Balsamic Vinegar Dressing

Ranch House Roast Beef

Roast Beef, Red Onion, Tomato, Ranch-Horseradish Dressing and Shredded Lettuce on Kaiser Roll

Multi-Vegetable Sandwich

Mozzarella, Carrots, Avocado, Tomatoes, Cucumbers and Sprouts with Herb Dressing on Multi-Grain Bread

Grilled Chardonnay Chicken Tenders Sub

Strips of Chicken Tenderloins grilled with Basil and Chardonnay. Served with chopped tomato, sautéed onions, Field Greens and our special sandwich sauce

Dilled Tuna Cucumber Salad

A low fat favorite of Tuna, Chopped Cucumber, Spring Onions, Fresh Dill, Yogurt, Reduce-Calorie Mayo on Wheat Bread

Smoked Turkey and Sun-Dried Tomato Wrap

Pesto with Sun Dried Tomatoes wrap Smoked Turkey with Cream Cheese, Chopped Tomato Shredded Lettuce and thinly sliced Red Onions

Spicy Egg Salad

Traditional egg salad with a twist of chopped green chilies and a touch of hot pepper sauce. Made with regular, low fat or fat free mayo on an English Muffin

Mediterranean Garden Sandwich

Sautéed eggplant, roasted red peppers, tomato, provolone cheese, and a bit of pesto on a seeded bun

Smoked Salmon Club Sandwich

Thinly sliced smoked salmon layered on baby spinach with a vegetable spread of chopped zucchini, shredded carrot, and sweet pepper blended with cream cheese

Premium Cold Lunch

Page 2

Hot-Pepper Jack Chicken Wheat Sandwich

Chunky chicken breasts with hot pepper jack cheese, arugula leaves and our ranch-style spread in wheat bread

Chesapeake Shrimp Salad

Chopped celery, red onion, Old Bay seasoning, delicious shrimp, lettuce and mayo on a Kaiser Roll

Tuna English Muffin

Chopped sun-dried tomato, red onion, capers and relish are mixed with tuna and served with lettuce and a slice of tomato on a English Muffin with low fat, fat free or regular mayo

Turkey Pastrami Reuben

Thinly sliced turkey pastrami with shredded broccoli slaw, shredded red cabbage, swiss cheese, and honey-style mustard with Thousand Island dressing on rye bread

Roasted Red Pepper Ham Sandwich

Ham with roasted red pepper slices and American cheese on a cheese roll with low fat, fat free or regular mayo

Steak Caesar Wrap

Juicy chunks of seasoned grilled skirt steak and crisp romaine lettuce, tossed with Caesar dressing and grated Parmesan cheese and rolled in a soft flour tortilla

Cobb Salad Sandwich

Grilled sliced chicken breast on a flour tortilla with thick slab bacon, diced tomato, avocado, lettuce, red onion and chunky blue cheese style spread

Southwest Turkey and Bacon Sub

Roasted turkey, bacon, sliced black olives, red onion, tomatoes, pepper jack cheese and sliced Green bell pepper on a sub roll with our home-made Chipotle sauce

Side Selections

Bacon Ranch Potato Salad

Caesar Tortellini Salad with Chickpeas

California Pasta Salad

Orzo Salad with Feta, Olives and Bell Peppers

Cole Slaw with Golden Raisin Vinaigrette

Saratoga's Seafood Pasta Salad

Curried Couscous

Greek Penne Salad

Rotini Pasta Salad with Roasted Red Pepper Sauce

Orzo and Wild Rice Salad

Santa Fe Cheese and Bean Salad with Cilantro Dressing

Sugar Snap Pea and Cherry Tomato Pasta Salad

Sweet Potato/White Potato Salad

Green Salad Selections

Caesar Salad

Mixed Garden Greens with Apples and Cider Vinaigrette

Field Greens and Romaine with Cold Vegetables and Egg

(Assorted Ken's or Newman's Individual Packet Dressings)



FOR A COMPLETE MENU WITH PRICING: EMAIL OR CALL